



*Heart* is published three times a year to highlight the mission and ministries of the Society of the Sacred Heart, United States – Canada, for a wide circle of friends.

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The Society of the Sacred Heart was founded by Saint Madeleine Sophie Barat in post-revolutionary France and brought to the United States by Saint Rose Philippine Duchesne in 1818.

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### Dear Friends and Family of the Sacred Heart,

As we enter the Easter season, having just celebrated the paschal mystery, I am reflecting on the many gifts received during my time serving as a team member and as provincial for the Society of the Sacred Heart, United States - Canada Province.

Notably, I am moved by the entire community of RSCJ, Associates and partners in mission for stepping up to name and claim our participation and complicity in enslavement and racism both within our congregation and within our culture. My hope is that addressing these injustices and beginning the necessary work that accompanies each will have a lasting effect on the province and the Society as a global community.

In all of my time as provincial, I was blessed with a collaborative and complementary leadership team that provided much support, encouragement, and objectivity. The provincial plan developed under this current team, structured around spirituality, education and justice with priority for young people will continue to shape and inspire the future of the province.

The re-visioning of the 2020 Goals and Criteria for the Network of Sacred Heart Schools, designed and facilitated by the Sacred Heart Commission on Goals (SHCOG), successfully captured the essence of Sacred Heart education for our current students and those who will be joining our school communities over the next 15 years. They not only reflect the challenges of the day but also creativity and hope.

The reality of the pandemic, systemic and overt racism, and polarization in our world has brought times of challenge and calls us deeper into our mission. We continue to serve the needs and care for the members of our province and strive to create a more just world where the dignity of each person and the integrity of all creation are fully recognized.

I thank God for the gifts of our partners in mission and staff across the province. Our array of lay colleagues not only allows us to carry out our responsibilities but also helps us carry on our mission and charism. I am particularly thankful for those who are caring for our sisters through this challenging COVID-19 pandemic.

I am grateful for the fruits of our discernment and consultation for the next provincial for our province and for the support of the General Council in naming Suzanne Cooke, RSCJ. I am certain that Suzanne, through her strong leadership, vision, insight as well as heart and mind strongly rooted in deep faith and in our mission, will guide our province through these uncertain times.

As we go forward building the One Body, I encourage all of us, RSCJ, friends and family of the Sacred Heart, to find creative ways of living our mission to discover and reveal the love of God in our blessed and broken world. In the words of Saint Madeleine Sophie Barat, "your example, even more than your words, will be an eloquent lesson to the world." Your example will give those you encounter, serve and work with, deep joy and confidence in the future of a world that reflects God's dream. I give thanks with all my heart for this opportunity to serve our mission with you.

With love and hope,

Sheila Hammond, RSCI Provincial United States - Canada Province

Suita Hammond ROOT

### Queridos amigos y Familia del Sagrado Corazón,

A medida que nos adentramos en la temporada de Pascua, al celebrar el misterio pascual, estoy reflexionando acerca de los muchos dones recibidos durante mi tiempo de servicio como miembro del equipo y como provincial de la Sociedad del Sagrado Corazón, Provincia de los Estados Unidos – Canadá.

En particular, me siento conmovida por la comunidad de RSCJ, Asociados y compañeros de misión por dar un paso al frente para nombrar y reclamar nuestra participación y complicidad para abordar la esclavitud y el racismo tanto dentro de nuestra congregación como en nuestra cultura. Mi esperanza es que abordar estas injusticias y comenzar los trabajos necesarios que correspondan tendrá un efecto duradero en la provincia y en la Sociedad como una comunidad global.

En todo mi tiempo como provincial, fui bendecida con un equipo colaborativo y complementario que ha suministrado mucho apoyo, ánimo y objetividad. El plan provincial desarrollado por este equipo, estructurado alrededor de la espiritualidad, educación y justicia con prioridad hacia la gente joven continuará dando forma e inspirando el futuro de la provincia.

La revisión de los Criterios y Metas del 2020 para la Red de Escuelas del Sagrado Corazón, diseñada y facilitada por la Comisión sobre Metas del Sagrado Corazón (SHCOG, por sus siglas en inglés), ha capturado con éxito la esencia de la educación del Sagrado Corazón para nuestros estudiantes actuales y para aquellos que se unirán a nuestras comunidades escolares en los próximos 15 años. No solo reflejan los retos de nuestros días sino también creatividad y esperanza.

La realidad de la pandemia, racismo sistémico y manifiesto, y la polarización de nuestro mundo han traído tiempos de desafío y nos llaman a profundizar más en nuestra misión. Continuamos sirviendo a las necesidades y cuidados de los miembros de nuestra provincia, y hacemos esfuerzos para crear un mundo más justo donde la dignidad de cada persona y la integridad de toda la creación sean reconocidas plenamente.

Agradezco a Dios por los dones de nuestros compañeros de misión y personal en toda la provincia. Nuestra variedad de colegas laicos no solamente nos permite llevar a cabo nuestras responsabilidades sino también nos ayuda a llevar a cabo nuestra misión y carisma. Estoy particularmente agradecida por aquellos que cuidan de nuestras hermanas en esta desafiante pandemia del COVID-19.

Estoy agradecida por los frutos de nuestro discernimiento y consultas para el nombramiento de la próxima provincial de nuestra provincia y por el apoyo del Consejo General al nombramiento de Suzanne Cooke, RSCJ. Estoy segura de que Suzanne, a través de su fuerte liderazgo, visión y conocimiento, así como también de su corazón y mente enraizados profundamente en la fe y en nuestra misión, guiaran a nuestra provincia en estos tiempos inciertos.

A medida que nos adelantamos a construir un Solo Cuerpo, los animo a todos, RSCJ, amigos y familia del Sagrado Corazón, a encontrar formas creativas de vivir nuestra misión para descubrir y revelar el amor de Dios en nuestro bendecido y resquebrajado mundo. En las palabras de Santa Madeleine Sophie Barat, "su ejemplo, aún más que sus palabras, será una lección elocuente para el mundo". Su ejemplo dará una profunda alegría y confianza en el futuro de un mundo que refleje los sueños de Dios a aquellos a quienes encuentren, sirvan y con los que trabajen. Doy gracias con todo mi corazón por esta oportunidad de servir a nuestra misión con ustedes.

Con amor y esperanza,

Sheila Hammond, RSCJ Provincial

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Provincia de los Estados Unidos – Canadá

# General Council names new provincial for the United States – Canada Province

By Flávia Bader



Suzanne Cooke, RSCJ

**In January,** the Society of the Sacred Heart General Council completed its discernment in choosing the next provincial of the United States – Canada Province. With the unanimous consent of the General Council, Suzanne Cooke, RSCJ, has been named the new provincial for a mandate of three years, commencing on August 1, 2021. Sister Cooke will replace Sheila Hammond, RSCJ, who has served as provincial for the last five years.

In a letter to the Religious of the Sacred Heart (RSCJ) in the province, Superior General Barbara Dawson, RSCJ, thanked Sister Hammond for her generous and loving service and expressed deep gratitude to her RSCJ team, Donna Collins, Maureen Glavin, Theresa Moser, and Diane Roche. Sister Dawson stated that Sister Hammond "has lived our mission and her role as provincial with passion, commitment, dedication and a wonderful sense of humor," highlighting Sister Hammond's pastoral leadership, the sense of security she has given the province in this time of high uncertainty and the

way she has ensured that the needs of the members of the province have been attended to.

Sister Cooke is currently the head of the Conference of Sacred Heart Education and has held numerous leadership positions as an educator. In her new role, Sister Cooke and her provincial team will have responsibility for the oversight of the province's apostolic service and communal life. In her letter to the RSCJ in the province, Sister Dawson acknowledged that Sister Cooke "has vision, insight, and is future oriented. Her heart and mind are strongly rooted in a deep faith in Jesus and in our mission. That will give a fundamental orientation to her leadership as she will guide the province in the main issues you have identified for the province."

Prior to her time as the head of the Conference, Sister Cooke served as head of school at Forest Ridge School of the Sacred Heart in Bellevue, Washington, from 1990-1998, and at Carrollton School of the Sacred Heart in Miami, Florida, from 1998-2015. Notably, she has served on several Network schools' board of trustees and as a member of the Sacred Heart Commission on Goals, the Network of Sacred Heart Schools board, the Northwest Association of Independent Schools and Florida Council of Independent Schools. In 2000 and 2016, Sister Cooke was a delegate to the General Chapter of the Society of the Sacred Heart, the governing body of the international Society that represents all RSCJ. She holds a bachelor's degree in English and history, cum laude, from Manhattanville College in Purchase, New York, and a Master of Arts in interdisciplinary studies from the University of Chicago in Chicago, Illinois.

Sister Cooke will be guided by the three dimensions of the Society's mission: spirituality, education and justice with a priority for young people. Her leadership will guide the Society in the work of teaching and formation, in activities for human development and the promotion of justice as well as pastoral work and guidance in the faith. Together with her team, she will engage the entire Sacred Heart family in a collaborative way to live our mission of discovering and revealing the love of God in the heart of the world. �



For the past two years the Society of the Sacred Heart, United States – Canada Province, has been engaged in a province planning process. The hope in doing so was to thoughtfully and courageously launch us into a new decade.

Beginning in June of 2019, with the facilitation of Collaborative Strategies, our consultants for the planning, many members of the province, Associates and colleagues in mission were invited to participate in focus groups, surveys and interviews. Using that feedback as a base and rooting ourselves in our mission, we articulated a vision naming how we want to be living our mission in 2024. We then designed a path to reach that vision by naming some clear priorities. By the spring of 2020, concrete actions steps were delineated to help us achieve these priorities. At this moment, we are on the path and working on each action step. As we continue this work as a province, we are transforming our articulated vision into a lived reality.

### **Rooting Ourselves in Mission**

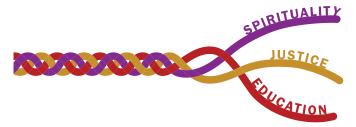
The central theme of any planning that the Society of the Sacred Heart engages in is always our mission, a mission that shares in the mission of the Church:

"by making known the revelation of God's love whose source and symbol is for us the Heart of Christ." (Society of the Sacred Heart Constitutions, 3)

How we discover God's love and then reveal that love in the heart of the world is the impetus behind all that we do. Our ministries in the areas of **spirituality**, **justice** and **educa-**

tion are *means* through which we accomplish that mission.

In thinking about these dimensions of our mission, it is important to recognize that they are interconnected and entwined. Our efforts in one area will always include elements of the other two.



#### **Mission Focus**

We have a desire to refocus ourselves around mission and to build our community in a way that enables and inspires action. While spirituality, justice and education are persistent and perpetual expressions or dimensions of our mission, specific foci within each of these may shift with time.

At the moment, we, the members of the province, have named and claimed the following foci for the justice dimension of our mission:



#### Visioning How We See the Mission Lived

On the basis of our mission, we articulated a picture of success or description of how we want to be living and what we want to have accomplished in the areas of mission, organization and finance by 2024.

#### With regard to mission, by 2024 we envision:

- A significant number of our members have participated in training to address systemic racism and have demonstrably acted on their learning.
- The Society is a strong collaborator across all dimensions of our mission.
- The Network of Sacred Heart Schools is actively revealing the charism of the Society, and the schools are actively collaborating with us to advance our justice foci.
- We have found sustainable ways to engage the young in our mission.
- All our partners and colleagues live and can articulate the mission of the Society.
- Religious of the Sacred Heart (RSCJ) living communities see themselves as an expression of mission.
- There will be equity, inclusion and diversity in our workforce.
- We have an organizational culture consistent with our spirituality and mission.

#### With regard to our organization, by 2024 we envision:

- Each RSCJ is meaningfully engaged in the province's priorities and shares a common understanding of those priorities.
- The geographic footprint of the province promotes collaboration that advances our priorities and effectively employs our financial resources.
- We are responsive to emergent issues that impact our mission.
- We have an intentional process for reflection on our progress within our priority areas.
- The Associates' role and mission are well defined.
   They are a vibrant and growing team.
- Communication is a strength of the province.
- Our committees and work groups seek and welcome opportunities to collaborate with like-minded partners from outside the Society.
- The province knows and collaborates with the Philippine Duchesne Region, comprised of the nine provinces from North, Central and South America. Language is not a barrier to our work together, and we stand ready to respond to the calls of the international Society.

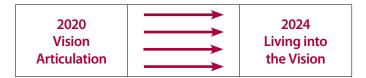
- In collaboration with school leaders, the United States –
  Canada Provincial Team has established governance
  structures that support the responsible exercise of sponsorship, including education to and accountability for
  mission.
- We have a strong pipeline of well trained RSCJ and lay future leaders for the province.

## With regard to our finances, by 2024 we envision:

- Resources are not an obstacle to advancing our mission and priorities.
- There are enough resources to care for every member of the province throughout her life stages.
- The Mission Advancement office is adept at identifying and securing resources aligned with our priority areas.
- We are committed to continue sharing our resources with the international Society.

#### Designing a Path to Reach that Vision

To achieve the Vision for 2024, we identified the following four priorities:



- Create greater focus within the province's three dimensions of our mission: spirituality, education and justice.
- Encourage geographic clustering of the members of the province so that we can live in community with one another, collaborate in mission and maximize our financial resources.
- Launch a new annual process of reflection to modify and enhance our emerging actions to advance the mission.
- Renew our support of and collaboration with the Network of Sacred Heart Schools with a view to ensure the sustainability of the mission of Sacred Heart education.

### Transforming the Vision into Reality

Small teams have developed actions plans or high-level activities to accomplish our goals and priorities.

We are on the path; and in walking it, we pray we always grow in making God's love known! �

Maureen Glavin, RSCJ, is currently a member of the provincial team.

# Our pledge to anti-racism Fostering just communities

Diane Roche, RSCJ



#### On May 29, 2020, the United States – Canada Provincial Team

released a Statement on Racism on behalf of the province, in which we pledged "to raise our voice in opposition to acts of racial discrimination and to fight tirelessly against the sin of racism." The statement also joined that of other Catholic leaders in "calling for a 'genuine conversion of heart, a conversion that will compel

change, and the reform of our institutions and society." Since then, the province has continued its efforts toward this pledge of communal conversion as well as offered several anti-racism education opportunities to the wider Sacred Heart family.

At the November 2020 meeting of the province's Anti-racism Coordinating and Planning Committees, our consultants, Notre Dame de Namur Sisters Patty

Chappell and Anne-Louise Nadeau, pointed out that, although Religious of the Sacred Heart (RSCJ), since 2016, have been actively researching and sharing information about the Society's engagement in the enslavement of human beings, many RSCJ and members of the wider Sacred Heart family had not been given the opportunity to participate in an in-depth training session.

Consequently, in December 2020, RSCJ had the opportunity to attend one of two day-long anti-racism trainings offered via Zoom by our consultants.

In addition, the province's Anti-racism Planning Committee, made up of descendants of those enslaved at Grand Coteau, RSCJ, Associates, educators, alumnae and partners in mission, sponsored two additional live zoom training sessions in January and February 2021. Sisters Patty Chappell and Anne-Louise Nadeau also led these trainings.

The latter training sessions were designed primarily for the members of the extended Sacred Heart family, including but not limited to Associates, alumnae/i, educators, Network staff, provincial staff and other partners and colleagues in mission.

The day-long trainings provided participants with a shared definition of racism, an understanding of the central role that racism plays in the systems that influence every aspect of our lives, and an introduction to the transformational values that, if intentionally integrated into our lives on both the personal

"to raise our voice in opposition

to acts of racial discrimination

and to fight tirelessly against

the sin of racism"

and organizational level, can offer us a way out of this deadly cycle of violence, racism and injustice.

The provincial team is encouraged by and thankful for all who were able and willing to join in this collec-

tive journey toward a more just and inclusive future. •

Diane Roche, RSCJ, is currently a member of the provincial team.

# Network of Sacred Heart Schools announces its 25th member

By Suzanne Cooke, RSCJ

On March 9, 2021, Provincial Sheila Hammond, RSCJ, nominated Saint Philomena School to full membership in the Network of Sacred Heart Schools. Sister Hammond's request met with unanimous approval from the current 24 Network of Sacred Heart schools and the provincial team. This vote marks the final step of a two-year-long process for Saint Philomena, which included a period of provisional membership, the completion of a self-study submitted to the Sacred Heart Commission on Goals (SHCOG), the visit of a team from the Commission, and the Commission's review and recommendation to the provincial team that Saint Philomena be received as a Sacred Heart school. The provincial team concurred with the recommendation.

Saint Philomena board chair, John Bohan, shared this reflection in response to the formal membership approval: "We are thrilled to be formally accepted into the Network of Sacred Heart Schools. This is an important step in a multi-year strategic transition that positions Saint Philomena School to build on its nearly 70-year history of excellence as a leading Catholic independent school."

A Catholic independent elementary school in Portsmouth, Rhode Island, Saint Philomena enrolls 420 boys and girls from preschool through grade 8. The school first explored membership in the Network in 2017 when the leader of the school's sponsoring congregation, the Faithful Companions of Jesus (FCJ), contacted Sister Hammond to learn of the possibility of belonging to the Network. Bonnie Moser, FCJ, then provincial and now superior general, explained her congregation's rationale stating, "We recognized that being a part of a network of schools guided by a strong religious charism similar to our own would not only be a great support to school leadership but would also provide many benefits to all aspects of school operations. The complementary nature of our Society to that of the Religious of the Sacred Heart is remarkable."

Saint Philomena has an outstanding reputation having been twice named a blue-ribbon school of excellence by the U.S. Department of Education and designated a Rhode Island top 10 school by Johns Hopkins University Center for Talented Youth. The school embraces and lives the Goals and Criteria and is an excellent fit for the Network. Saint Philomena is accredited by the New England Association of Schools and Colleges.



Upon the acceptance into the Network, Brain Cordero, head of Saint Philomena stated:

Saint Philomena School is elated to join the Network of 24 companion Sacred Heart schools to advance our common mission within the Goals and Criteria that challenge students, educators, parents and alumni to transform our world for good. United in a common vision so beautifully articulated by Saint Madeleine Sophie Barat, Saint Philomena School brings our rich history, animated by the Faithful Companions of Jesus, into an exciting future as we grow in the charism with the Sacred Heart family around the world.

This is truly an extraordinary moment of witness for Catholic education. Our partnership together ensures a vibrant future for generations of young people from Rhode Island who will come to share and grow in courage & confidence alongside our brother and sister Catholic independent schools in the Network of Sacred Heart Schools. Our entire community offers our deepest thanks to the Religious of the Sacred Heart and the leaders and communities comprising the Network of Sacred Heart Schools for their sponsorship, welcome and collaboration. Together, may our collective heart grow wider and more united to share the love of God, courageously lead in transformative education and confidently advance our common mission to inspire young people to rebuild, renew and transform society!

## Province approves, embraces new Goals and Criteria

By Suzanne Cooke, RSCJ

With joy and gratitude, the United States – Canada Provincial Team approved the 2020 Goals and Criteria this past December 2020.

The Goals and Criteria define the mission of Sacred Heart schools as part of the Society's educational mission in the Catholic Church. The re-visioning of this mission statement by educators and Religious of the Sacred Heart (RSCJ) across the United States – Canada Province occurs every 15 years. This fourth edition is the fruit of a two-year process of re-visioning of the criteria, which was designed and facilitated by the Sacred Heart Commission on Goals (SHCOG). Members of the Commission are:

- Marian Campana, faculty member, Sacred Heart Greenwich (Greenwich, Connecticut)
- Suzanne Cooke, RSCJ, head, Conference of Sacred Heart Education
- Melanie Guste, RSCJ, head of school, Academy of the Sacred Heart (New Orleans, Louisiana)
- Sheila Haggas, trustee, Schools of the Sacred Heart (Grand Coteau, Louisiana)
- Dennis Philips, head of school, The Regis School of the Sacred Heart (Houston, Texas)
- Meg Steele, head of school, Woodlands Academy of the Sacred Heart (Lake Forest, Illinois)
- Tim Stevens, faculty member, Princeton Academy of the Sacred Heart (Princeton, New Jersey)
- Ann Taylor, RSCJ, head, Sacred Heart Commission on Goals
- Nat Wilburn, head of school, Sacred Heart Schools (Chicago, Illinois)

SHCOG provides a system of accountability for living the Sacred Heart mission of education. The commission is appointed by the provincial. Its membership reflects the relationships of head of school, trustees, faculty/staff and senior leadership (middle-management). Its mandate from the provincial is to design a reflective process whereby a Sacred Heart school community holds itself accountable for living according to the *Goals and Criteria*.

At the start of the process, the provincial team and SHCOG spoke of the sacred responsibility of providing an effective education informed by the charism of Saint Madeleine Sophie Barat and the values articulated in the *Goals and Criteria*. The world continues to change. Today's reality is not that of 2005, nor can we imagine what the world of 2035 will be. This process of re-visioning called all, once again, to capture the essence of Sacred Heart education for our current students and those who will be joining our school communities over the next 15 years.

The first step was personal reflection on the criteria, which serve as indicators that a particular goal is being lived in a school. Educators and RSCJ re-read the criteria under each goal prayerfully and with the view towards the future. All were asked to keep in mind that the 2020 edition of the *Goals and Criteria* will serve students living in the world of 2035, therefore, what must be included in the criteria to express effectively the mission for students, families and educators over the next 15 years.

The next step was communal reflection and discussion, which involved school and RSCJ communities gathering together to share their insights about whether a specific criterion needed to be kept and nurtured because it is invaluable for mission; kept but reworded; weeded out; moved and appear under a different goal, or moved to a different goal and reworded. Throughout the entire process, the hope remained to have the edition of the 2020 *Goals and Criteria* reflect our timeless values in a timely fashion.

After three draft reviews by the schools and province, the provincial team accepted the 2020 *Goals and Criteria* and wrote that the final draft truly captured "the good, the beauty and the truth of the mission of Sacred Heart education."

The Commission explains in the introduction to the 2020 *Goals and Criteria* that the "... living of a mission as great as ours is never fully complete or fully realized. Given as gift, our mission is a sacred work fulfilled only through the enfolding of it by each generation. This work of mission is greater than

Young students from Sacred Heart Academy Bryn Mawr in Bryn Mawr, Pennsylvania, gather and exemplify goals two and four of Sacred Heart education: a deep respect for intellectual values and the building of community as a Christian value. (This photo was taken pre-pandemic).

this moment, any of us, and all our individual and collective efforts. The realization of this incontrovertible truth is grace."

Sister Taylor, head of SHCOG said, "The re-visioning process garnered wide responses. The enthusiasm that Sacred Heart educators and RSCJ sustained over the course of many months confirms how deep is the appreciation for the *Goals and Criteria* and the SHCOG process, and bears testimony to how very much we value having such clarity about our shared vision and our responsibility for Sacred Heart education."

School and RSCJ communities received the 2020 *Goals and Criteria* with joy and enthusiasm, energized by this most recent articulation of our educational mission. During the Prayer of Blessing and Gratitude in December, Provincial Sheila Hammond, RSCJ, offered this reflection:

From the beginning of the Sacred Heart educational mission, the work has always been God's. Saint Madeleine Sophie knew this, and she relied on listening to the spirit revealed in her relationships and in the world around her. Each version of the Goals and Criteria has also relied on this same insight – that what we articulate is a reflection of God's work as we understand it now. Our impulse in this time, as we name it in the criteria, helps us all to grow brighter and brighter as we become that which we have stated. This is God's work. It is also ours. We and our Goals and Criteria act as mirrors. The criteria help us to become that which we reflect. In a world that finds itself in a state of continuous evolution and transformation, we act as a mirror of God's eternal and unchanging, yet always fresh and unfolding work. We reflect the brilliance of God in a new way for a new day. These criteria articulate our understanding of God's spirit moving through the winds of our modern world. They invite us to rededicate ourselves to the holy work of being mirrors that reflect the spirit of God for the entire planet.

Today's reality is not that of 2005, nor can we imagine what the world of 2035 will be.

This process of re-visioning called all, once again, to capture the essence of Sacred Heart education for our current students and those who will be joining our school communities over the next 15 years.





News from our novices

By Deasy Hartanto and Ruth Cunnings, NSCJ

Deasy Hartanto, a first-year novice from the Province of Australia – New Zealand, arrived at the English-speaking International Novitiate (Cornell – Novitiate) located in Chicago, Illinois, in early December 2020. She will be in the novitiate for two years. Deasy reflects on her travels and welcoming into the novitiate:

I feel grateful for how God has been journeying with me and how he has been faithful to me. In my long wait for my visa in order to come to the United States and enter into the noviceship, I learned more about myself and about God. Each day, I learn to trust him in these times of uncertainty.

My journey from Sydney, Australia, to Chicago (with a stopover in San Francisco, California) was safe. After some days of quarantine, I had my COVID test, which came back negative, thankfully. I feel immense gratitude to God for all his goodness to me.

My entrance ceremony was touching. We had it by Zoom on December 12 (the birthday of Saint Madeleine Sophie Barat and the feast of Our Lady of Guadalupe), and it included members of the United States – Canada Provincial Team and the Cornell – Novitiate community.

The opening song "The Bread of Life" touched me with the refrain, "I am who am and I am for you: come and follow me." He is with me and he will always be with me. The psalm, which was read in the Indonesian language (the language of my home country of Indonesia), expressed my longing for him, "like the deer that yearns for running streams." The ceremony reminded me of the support I have from the sisters in the novitiate community and my home Province of Australia – New Zealand.

Ruth Cunnings, NSCJ, (left) and Deasy Hartanto in the novitiate chapel.

English-speaking International Novitiate Community (Back Row): Maria Cimperman, RSCJ; Mary Bernstein, RSCJ; Mary Frohlich, RSCJ; Ellen Collesano, RSCJ; Sangmin Lee, RSCJ (Front Row) Ruth Cunnings, NSCJ; Magda Mikhail, RSCJ; Deasy Hartanto.

Ruth Cunnings, NSCJ, is a second-year novice who spent her three-month ministry experience in Washington, D.C in the fall of 2020. Ruth shares a glimpse into her time and ministry in the district:

I was blessed to go to Washington, D.C. for my three-month ministry experience. I lived at Anne Montgomery House, one of the United States – Canada Province's welcoming communities, which at the time included three young women experiencing community life with the Religious of the Sacred Heart (RSCJ).

While there, I worked for Catholic Mobilizing Network (CMN), which advocates for restorative justice and the abolition of the death penalty. I assisted with a number of projects, including prayer vigils for federal executions and creating materials on forgiveness for CMN. In addition, I worked with the Conference of Sacred Heart Education on social justice lesson plans for the Network of Sacred Heart Schools, focusing on anti-racism and addressing the history of enslavement in the Society.





### Getting to know you RSCJ Q&A

By Flávia Bader

JULIET MOUSSEAU, RSCI, is currently a graduate-level theology professor at Aquinas Institute of Theology in St. Louis, Missouri. She has recently accepted the position of vice president of academic affairs at the Franciscan School of Theology in San Diego, California, where she will move this summer. She professed her final vows in Rome, Italy, on January 26, 2020. Prior to her final profession, she spent 6 months in ministry in Spain at a socio-educative center, teaching Spanish and computer skills to recent migrants from Africa. In this Q&A Sister Mousseau shares about herself, what brought her to the Society and her thoughts on the Society's mission in today's world.

#### Q: How did you come to know the Society?

A: I started discerning a call to religious life after completing my doctorate in theology at Saint Louis University. One of my close friends, a Jesuit, recommended looking into the Society. So, I contacted RSCJ in the St. Louis area and started attending the monthly area mass. That year, I also joined the Associates' formation group for prospective members. I learned a lot about the history and spirituality of the Society, and I immediately felt at home among the sisters.

#### Q: What factors led you to choose to enter the Society?

A: The biggest factor for me was that I felt like I had come home. I resonated with the spirituality and prayer of the RSCJ and felt like I fit in. I met sisters who were in the same type of ministry as myself (higher education). I loved how they were simply sisters, down to earth and affectionate with one another and with me.

#### Q: Which of Philippine and Sophie's teachings are the most meaningful to you?

A: I admire Philippine's courage and persistence, and Sophie's capacity for relationships and friendships. In both of them, I admire their prayer and integrity.

#### Q: What did you learn from your experience working with migrant people in Southern Spain?

A: I learned a lot about what it means for people to leave their home in order to seek out a better life. As an outsider among migrants and among Spaniards, I saw reality from a unique perspective. In addition to the reality migrants face, I also saw reflected there what we find in the United States - fear of those who are different because they are seen as a threat to our way of life.

#### Q: Younger people like you are outnumbered by elders in nearly every religious congregation. How do you collaborate across generations in ministry and community life?

A: We are united to one another by our charism and our commitment to God – these realities are at the core of who we are. Because of that, we are deeply connected and committed to one another. Differences in age and culture can sometimes be difficult in daily life, but this deeper commitment allows us to work through differences and find the shared mission that holds us together.

#### Q: As an RSCJ and theology teacher, what do you believe is your greatest asset?

A: I most want my students to grow as human beings, and so the relational element of teaching is very important to me. I believe one of the skills I bring to teaching is the ability to relate to my students on a personal level and to create a safe learning environment in which they can ask questions and make mistakes without being ashamed. I hope that they can be confident in who they are even when they are uncertain in their thoughts or actions.

#### Q: What do you see as the Society's greatest strength in today's world?

A: The Society holds a message of God's love, and nothing is more precious right now. The world is very divided and as a culture we too often pit one side against another. The message of God's love can help us see how each person, no matter how different from me, is loved and precious in God's sight. Our ability to live out of this message can be a profound witness to unity in a world of division.

Flávia Bader is the director of communications and public relations for the province.

# Everything is connected

By Kim Lamberty

Concern for the environment thus needs to be joined to a sincere love for our fellow human beings and an unwavering commitment to solving the problems of society. (Laudato Sí)

### If we destroy the earth, we destroy ourselves.

I first started to realize that "everything is connected" through my work accompanying marginalized communities outside of the United States. In Haiti, for example, I have been working with a community of small-scale farmers. They often engage in deforestation activities because they cannot get a high enough price on the market for their crops, and they need the added income that selling the trees provides.

They also use the trees for cooking fuel because they cannot afford a more sustainable alternative. Deforestation leads to topsoil erosion, which diminishes agricultural productivity and further erodes their income. Deforestation also leads to lack of biodiversity and a reduction in the amount of carbon that trees can remove from the atmosphere. Increased carbon is causing the climate crisis, which leads to more dangerous and frequent storms and drought.

All of this leads to food insecurity, which causes conflict and can also lead to migration as well as sex and labor trafficking. Hunger leads families to some very desperate choices.

In short, the climate crisis is intimately connected to all of the social justice crises that we face in the U.S. and Canada. We will succeed in diminishing the interrelated crises

of global poverty, migration, conflict and modern-day slavery only when we address the root causes – the climate crisis is one of the root causes. And the problem is cyclical: increased poverty also leads to activities, such as deforestation, that aggravate the climate crisis.

On May 24, 2015, Pope Francis signed *Laudato Si*, the watershed encyclical letter that provides a moral and spiritual compass for the journey to create a more caring, fraternal, peaceful and sustainable world. Pope Francis insists, "everything is closely interrelated and today's problems call for a vision capable of taking into account every aspect of the global crisis" (LS 137).

Influenced by the papal encyclical, the Society of the Sacred Heart document *Being Artisans of Hope in Our Blessed and Broken World* affirms, "As members of the Sacred Heart family, we recognize the broken body of Christ in the broken and suffering earth. The water that flows from the pierced Heart of Jesus transforms our perception of one another, our world, ourselves and our common home."

While there are many ways to make a difference, if we are serious about responding to "the cry of the earth and



The Stuart Center, named after Janet Erskine Stuart, RSCJ, and located in Washington, D.C., is a ministry of the Society of the Sacred Heart, United States – Canada Province. The province's Justice, Peace and Integrity of Creation (JPIC) Office is housed at the Stuart Center.



The Dicastery for Promoting Integral Human Development summarized the main themes from *Laduato Sí* into these seven calls to action.

the cry of the poor," (LS 49) we have to address the climate crisis.

Luckily, the Vatican is trying to help. During this five-year anniversary of *Laudato Si*, the Dicastery for Integral Human Development is rolling out a seven-year action plan for Church institutions, including religious congregations, to become "sustainable."

The idea is that the global Church can lead the way to mitigating climate change, starting with ourselves. "Sustainability" means meeting the seven *Laudato Sí* goals (see accompanying graphic) through a set of targets that will be released in 2021 onto a web-based *Laudato Sí* action platform.

What does this mean for us as a Sacred Heart family? Working very closely with International Union of Superiors General (UISG), the Vatican envisions a three-part process for religious congregations.

First, the Vatican and UISG are asking us to make a public commitment to the sustainability of our own institutions. Second, they are asking us

to assess our progress in relation to the seven *Laudato Sí* goals using an assessment tool, and make a plan to fulfill the goals over a period of seven years. This will include actions such as:

- Reducing our carbon footprint
- Social inclusion: listening and responding to the voices of those most impacted
- Further integrating environmental education and spirituality into our educational activities

Finally, they ask us to participate in local and global advocacy campaigns, and to partner with others in doing so.

Local, national, and global environmental policy makes possible the personal and communal decisions that will lead to sustainability. For example, tax incentives encourage all to purchase electric vehicles or install solar panels. Regulations encourage the production of electric vehicles or appliances that use less water, or the development of alternatives to plastics.

All of these imperatives are consistent with the call in *Being Artisans of Hope in Our Blessed and Broken World*, which also affirms:

- The urgency to take action to address the climate crisis
- The crucial role of advocacy to transform systems and structures
- The responsibility to start with listening to the voices of those most affected.

In all of this, we will have the assistance of a global online platform as well as that of other religious congregations who are on this same journey. The United States – Canada Province is already working with the Leadership Conference of Women Religious (LCWR) and others to develop a series of educational webinars based on the *Laudato Si* goals, and I expect there will be many other opportunities for collaboration.

If we destroy the earth, we destroy ourselves.

The story from Haiti is replicated in vulnerable communities across the globe, including in our own countries, where the most vulnerable communities experience the most severe impact, and where we are already seeing climate-based migration.

Participation in the *Laudato Si* action plan provides an opportunity for us as a Sacred Heart family to be part of a global movement to transform the Church and our world. Our *Artisans of Hope* document calls us to work that transforms the systems and structures that lead to poverty, vulnerability, exploitation, and suffering, and the *Laudato Si* action plan is an opportunity that contributes to fulfilling that mission. �

Kim Lamberty is the Justice, Peace and Integrity of Creation (JPIC) director for the province.

# LOOKING BACK 70 YEARS:

The groundbreaking of the Shrine of Saint Rose Philippine Duchesne

By Sandy Ahlheim and Theresa Grass



Top: Removal of Philippine's remains from the Round House in April 1951. From left: Archbishop Joseph Ritter; Mary Rueve, RSCJ; Cora Shaw, RSCJ; Mary Gilmore, RSCJ; Angela McCabe, RSCJ

Bottom: Procession to the ground breaking for the Shrine of Saint Rose Philippine Duchesne on April 18, 1951. Lillian Conaghan, RSCJ (far left). fter Saint Rose Philippine Duchesne died on November 18, 1852, she was buried on the convent grounds in St. Charles, Missouri. Three years later, Mother Aloysia Jacquet, RSCJ, had a small octagonal shrine built in honor of Our Lady of the Pillar on the grounds of the Academy of the Sacred Heart in St. Charles. Soon after, Mother Duchesne's remains were removed from the cemetery and placed in this shrine where she rested for almost 100 years.

When Mother Duchesne was beatified in 1940, the decision was made to replace the simple resting place on the Academy's front lawn with a much larger shrine befitting a saint.

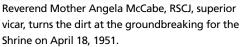
Plans were drawn up for a basilica, and on April 18, 1951, the relics of then Blessed Rose Philippine Duchesne were transferred from the small octagonal shrine to a specially prepared marble sarcophagus.

An alumna of the Academy, Nellie Carleton Ricker, recalled the feelings of those who were at that ceremony. "As the white satin-draped casket of the saintly pioneer was carried back into the convent which saw the beginning of her missionary labors, past the bare little room where she breathed her last prayerful breath, an indescribable thrill ran through the devoutly kneeling spectators."

The casket was lowered into the sarcophagus and sealed officially by Most Reverend Joseph E. Ritter, the



Frank Tainter (front left) and Joseph Marheineke (front right), both fathers of RSCJ, help transfer Philippine's remains to their new location.



archbishop of St. Louis at the time. It was then placed under an altar located on the inside porch of the 1835 convent.

According to the school journal on April 18, 1951:

The remains of Blessed Philippine were transferred from the Shrine to the little Oratory erected in her honor. They will remain there until the Basilica in her honor will be built. His Excellency, Archbishop Ritter and thirty-one priests were present. A delegation of Knights of Columbus and the Daughters of Isabella were represented. A number of our Religious from the area houses came-also the college girls from Maryville and some of the children from Villa, City House and the Sophie Barat school. Our children wore their light-blue uniforms, hose

and uniform shoes, new white veils and white gloves. All was most orderly and impressive.

After the ceremony, everyone processed outside singing "O Beata" for the ground-breaking where the new Shrine would be constructed. The archbishop dug the first shovelful, then handed the shovel to Reverend Mother McCabe.

Standing in front of the microphone, the archbishop said, "In God's own time, when we gather to celebrate the canonization of this child of Holy Mother Church, we shall have a suitable chapel ... She belongs not only to St. Louis and St. Charles, but to the Church and to the whole world. Today a new chapter begins."

As we commemorate the 70th anniversary of this event on April 18, 2021, the archbishop's words ring true. The shrine on the grounds of the Academy in St. Charles draws pilgrims from around the world; and as they spend time in prayer in this holy place, they experience the peace and trust in God that Philippine shared with those who knew her so long ago. �

Sandy Ahlheim is the director of the Shrine of Saint Rose Philippine Duchesne in St. Charles, Missouri. Theresa Grass is the archivist at Academy of the Sacred Heart in St. Charles, Missouri.

# Sacred Heart connections Enriching lives

By Dawn Stringfield

One might think that I would be the most unlikely candidate for becoming an Associate of the Society of the Sacred Heart in 1999. I wasn't a former Religious of the Sacred Heart (RSCJ), novice or professed, nor an alumna of a Sacred Heart school. I wasn't even Catholic!

The person who introduced me to the Society was Ann McElhatton, RSCJ, my first spiritual director. What drew me to learn more was her sharing the concept of being "wholly contemplative, wholly apostolic," which opened up an entirely new way for me to understand and integrate what seemed like very separate aspects of my life.

My work with Sister McElhatton eventually led me to the Associates – a community of women and men from different backgrounds, yet each with a desire to learn more fully and live what it meant to discover and make known the love of God in the circumstances of her or his life.

Developing relationships with RSCJ and Associates, sharing our faith journeys and praying together, wrestling with things going on in the world and how to respond, and especially being a part of something international have been meaningful. My spiritual life has been enriched by the monthly meetings, composing and leading music



Dawn Stringfield, Associate, St. Louis, Missouri; monthly donor to the Society of the Sacred Heart, United States – Canada Province

at liturgies, and participating in spirituality forums and Network of Sacred Heart School gatherings.

Coming to know Saint Madeleine Sophie and Saint Philippine Duchesne, and reading Society documents and reflections, including those of former superiors general, enhanced my inner journey and gave me language for my own experiences.

Being an Associate has been significant for my own spiritual seeking and ultimately led me to offer a virtual community of prayer in the early 2000s, come into the Catholic Church in 2007 and make a private commitment in 2008.

Ironically, I believe that having the opportunity to grow and contribute spiritually through prayers, reflections and music is ultimately a part of what gave me confidence to take on the role of executive director at Mercy Conference and Retreat Center in St. Louis, Missouri.

Given the Society's importance in my life, it was a very natural decision for me to become a donor. Initially, my modest gifts were made in response to the annual appeal. When the opportunity to become a monthly donor was offered, it was a perfect fit. It allowed someone like me, who doesn't have significant financial resources, to know that my contributions would have more of an impact.

My life is so much more because of my connection with the Society of the Sacred Heart, and a monthly gift is one small way in which I can show my appreciation and be part of sustaining the Society's mission and future.

Dawn Stringfield is an Associate in St. Louis, Missouri.

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To donate, visit rscj.org/donate.



## Artisans of joy and hope

By Mary Finlayson, RSCJ



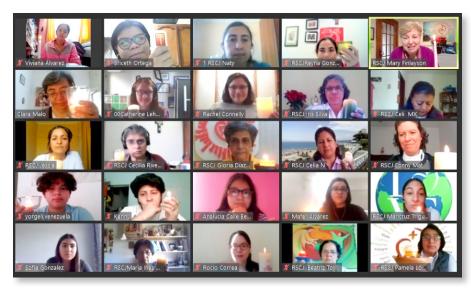
The Vocation Ministry Teams of the Philippine Duchesne Region, comprised of the nine provinces of the Society of the Sacred Heart throughout North, Central and South America, offered an Advent retreat this past December to young people between 16 and 30 years of age. The retreat was called *Youth:* Artisans of Joy and Hope.

Held December 11-13, 2020, this marked the very first regional retreat for young people, and it was filled with joy and hope. Over 100 young people signed up and there were anywhere from 40-80 people present on Zoom at any given time, including Religious of the Sacred Heart (RSCJ) from at least seven countries. Several members of the nonprofit ARISE (A Resource in Serving Equality) in south Texas participated as well as teachers and students from several Network of Sacred Heart schools in the United States.

While the planning was challenging, our teams succeeded in accommodating a schedule for participants across six time zones and providing written translation and simultaneous interpretation in three languages: English, Spanish and Portuguese.

On the first evening, there was input from the plenary group on how to enter into prayer; retreat; and preparing time, place and self, as this was the first experience of a weekend, virtual retreat for some. For the entire group, it was a first time experiencing a retreat with an international, multi-lingual and multi-cultural group.

We used music and videos – often with subtitles – for prayer, scripture and



Participants – teens, young adults, educators and Religious of the Sacred Heart – from across North and South America gathered on Zoom for the virtual weekend retreat.

handouts, utilizing the chat function on Zoom to disperse links to each participant with ease. We were grateful to have Ceci Rivera Borrel, RSCJ, of the Mexico Province share live music, leading the group deep into prayer with her own beautiful songs.

We also incorporated a word-cloud activity called "Mentimeter" to show, visually, the key words or feelings that arose throughout our time together.

In an effort to tune into what God was saying in our retreat and build One Body as Sacred Heart family in the Philippine Duchesne Region, we designated small groups that met after allotted time for personal prayer. One RSCJ accompanied each small group. I was happy to accompany a group of youth, some of who were native English speakers and others who chose to engage in English, sharing deeply in their non-native language.

Families and people on the move were two themes consistent throughout the whole weekend. We discussed Mary, Joseph, Jesus, the shepherds, the Magi and people on the move in today's world, specifically migrants and refugees forced to flee their homes or countries because of war, poverty, famine and the climate crisis. We listened to people from Haiti, Mexico and Honduras speak of their experiences and their dreams. We prayed with our call to welcome, to protect, to promote and integrate people on the move.

At the close of the retreat, I thanked God for these faith-filled and committed youth, true examples of artisans of joy and hope! �

Mary Finlayson, RSCJ, is currently the director of vocations ministry for the province.

# Associates year in review

### The Chapter calls lived out in ways we never thought possible

By Lori Wilson and Peggy Gorman



Associates, Religious of the Sacred Heart (RSCJ), and Sacred Heart alumnae and educators from all over the world gathered on Zoom to connect and live out the 2016 Chapter call "to be One Body."

This past year has been one of approaching and embracing new frontiers, and, at times, these frontiers have greatly challenged us Associates. Little did we know how a devastating pandemic, heightened racial tensions, and political unrest would shape our focus for this year.

The Associates have embraced technology in a pandemic world and have been able to connect and collaborate with our membership and the wider Sacred Heart family. This past September we launched two new Associate groups, one in St. Charles, Missouri, and a second virtual group. More importantly, technology has enabled us to gather with one another across the United States – Canada Province and internationally, allowing us to deepen our understanding of our vocational call

to Association, to serve on committees and to work on province initiatives.

We find ourselves grateful for Zoom. There has been a blessing hidden in this new frontier. We have learned new things and realized that we can overcome roadblocks if the desire is there.

COVID-19 required us to socially isolate and hindered our ability to gather in person, so each Associate group had to pivot and finds ways to stay connected, care for one another and be spiritually fed. Zoom allowed local groups to remain in contact and also offered the additional benefit of more easily interacting with groups from across the province.

Throughout the United States and Canada, we gathered as One Body, to confront the sin of racism and identify ways to combat this evil. We also gathered across the globe with Associates, alumnae, RSCJ, and educators from Canada, Egypt, England, France, India, Italy, Malta, Mexico, Uganda and the United States. Together we discovered the richness of living the Sacred Heart charism in light of our local circumstances and in the sharing of our global concerns. We prayed for one another through personal losses and local violence. We shared how we have been sustained by God in the face of adversity and what our call to the charism has meant to each of us personally.

Our work as One Body has been and continues to be realized in our efforts to address and confront racism. Through this work, we have been called to live more humanly. In 2020 the Associates gathered to have a conversation with Dr. Denise Graves, also known as 'Mama Denise,' founder of Peace Ministry LLC from New Orleans, Louisiana. Our conversation explored the inequalities brought about by racism and helped us grow in our understanding of our call to confront racism in all its forms in our own lives.

In addition, over the last year, we invited the Sacred Heart family to join us in a prayer service to end racial violence; we hosted a book discussion to explore additional themes related to racial injustice, and we hosted an educational session with Sisters of Notre Dame de Namur Patty Chapell and Anne-Louise Nadeau. Associates, RSCJ



Associate Lori Wilson crafted this heart image as she reflected on the state of racial injustice in the United States - the colors representing the diversity of God's heart.

and provincial staff attended the latter session, which focused on the transformational values that have the potential to help us all shape a better future. As Associates, we pledge to continue the work of dismantling institutional racism and remain committed to assisting in this work the province has taken on in earnest.

In February 2020, before the pandemic, Associates along with RSCJ and provincial staff members journeyed to the United States - Mexico border to better understand the dire realities that so many immigrants have had to face. We were touched by the stories, living conditions, struggles and amazing resilience of those we encountered, many of whom were seeking a life free from violence and a life that offered hope. Reminded of these realities upon returning home, each participant was called to live more humanly and continue the work to address the crisis that many immigrants face.

Throughout this entire year, we have been called to create silence. The Associates have worked on deepening



Several Associates, alongside RSCJ, provincial staff and colleagues in mission, gathered with staff from ARISE (A Resource in Serving Equality) for a final prayer service to conclude their border witness experience in early 2020.

our spirituality and revealing God's love in our wounded world. We excitedly gathered as one Body on the Feast of the Sacred Heart last June to renew our Associate commitment. We also witnessed the RSCJ renew their vows, educators commit to the Goals and Criteria of Sacred Heart education; and Children of Mary renew their promises.

During these times of uncertainty, Associates were invited to collaborate with province committees to help create resources to spiritually nourish our wider Sacred Heart family. Our leadership also participated in the formation of 10 days of prayer and espacio leading up to the United States presidential election in 2020.

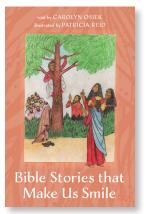
As we look back on a difficult year, in which we experienced a global pandemic, confronted pervasive systemic racism, witnessed food and

housing insecurity, and also deep political divisions, our call to the charism sustains each one of us. It is through this charism that we live in a relationship with our God and recognize how God enters our hearts and allows us to enter into a world greatly in need of God's love.

We look back on this year with gratitude for new relationships formed, new opportunities to learn and to grow, and for the hardships that have helped us become more resilient and more responsive to the needs of others. We look to the future with hope, knowing that together with the Sacred Heart family, we can create a world where God's heart is discovered and revealed. �

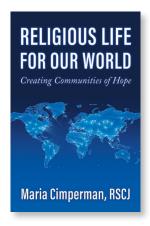
Lori Wilson and Peggy Gorman are co-chairs of the Associates Leadership Team.

## Suggested reading



Bible Stores that Make Us Smile Told by Carolyn Osiek, RSCJ, illustrated by Patricia Reid, RSCJ The stories in the Bible continue to be told and retold, learned and loved by every generation and every age level. This book offers some of the most popular and some that seldom get much attention, all told from a different perspective, for young readers to get to know these

wonderful people of the Bible and learn how to tell their own stories about them.



Religious Life For Our World, Creating Communities of Hope Maria Cimperman, RSCJ

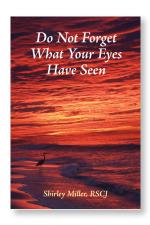
This book brings together God's call, the cries of the world and of the earth today, and charisms in consecrated life in a way that dynamically engages the vows, prayer, community, and ministry for the particular time and contexts in which we live.

Here is a valuable theological and pastoral resource for the conversion, transformation, and revitalization needed in consecrated life today.



Saint Madeleine Sophie Barat, Foundress of the Society of the Sacred Heart By Marian Gabriel y Galán, RSCJ, Illustrations: Pilar Campos, translator Kim King, RSCJ Meet Saint Madeleine Sophie Barat, a courageous woman who founded the Society of the Sacred Heart.

From a young child born in Joigny, France, to becoming a nun in Paris, she devoted her life to God, educating young girls and helping the poor. This inspirational children's story is beautifully illustrated.



Do Not Forget What Your Eyes Have Seen By Shirley Miller, RSCI

For 30 years, Sister Miller has seen and heard God in every person she met on her journey through life. Wherever she has encountered them - in the mountains, by oceans and rivers, at the countryside, and in classrooms - she has been enriched

by what people have revealed to her. "Each day we are given opportunities to see beauty all around us," says Sister Miller. "All we have to do is pay attention."



## Recommended listening

Season two of For The Sake Of, a podcast by the Society of the Sacred Heart, United States - Canada Province, is now available for listening. This season, following a successful first season, offers four engaging conversations between Kim King, RSCJ, and individuals connected to our mission in various ways. You can listen through Apple Podcasts, Spotify, and Google Podcasts or by visiting <u>rscj.org/forthesakeof</u>. �







WEB DESIGN





JPIC ACTIVITIES



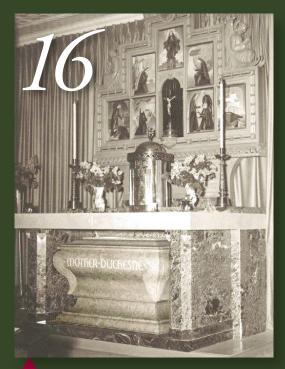
**GRAPHIC DESIGN** 







4120 Forest Park Avenue St. Louis, MO 63108



It's been 70 years since the groundbreaking of the Shrine of Saint Rose Philippine in St. Charles, Missouri. Learn about the history and travel back in time with photos from the day!



Juliet Mousseau, RSCJ (top row, second from right), pictured with eight RSCJ with whom she professed finals vows in 2020, shares her thoughts and experiences, touching on discernment and her formation experience, in *Heart* magazine's new RSCJ Q&A section.



In 2020, the United States – Canada Province approved the new Goals & Criteria. Read about the intentional work put into updating this document, which defines the mission of Sacred Heart schools as part of the Society's educational mission in the Catholic Church. Pictured left: Educator Angela Carstensen alongside a student from Sacred Heart Greenwich in Greenwich, Connecticut.

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